During the London 2012 Olympic and Paralympic Games; Friday 27 July to Sunday 12 August and Wednesday 29 August to Sunday 9 September we expect many of our services to be much busier.

So, during these dates only compact folded cycles can be carried on our services into and out of London at all times.

Please help us to ensure space on stations and trains is used in the most economical way by folding your bike before entering the station and keeping it folded for the journey.



The cycle policy also applies to joint Southeastern and First Capital Connect services operating south of London Blackfriars (between London and Kent).

For more information on which stations are expected to be busier during the Games period, visit **getaheadofthegames.com** or speak to our customer services team on **0845 000 2222**.